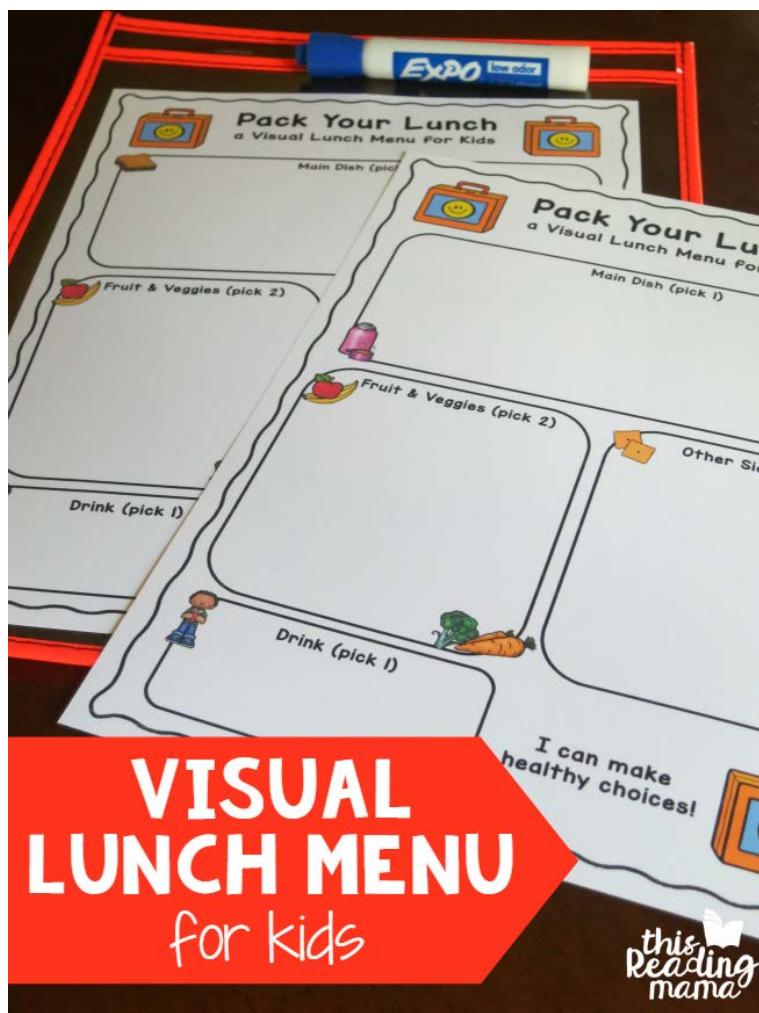


VISUAL LUNCH MENU

for kids

@www.thisreadingmama.com



These visual menus are a simple way to help kids pack a healthy lunch for homeschool classes or school. {I've also provided a "Make Your Lunch" option for stay at home days, too!}

Just print off the menu of choice, write your options within each category, and post for kids to see & use.

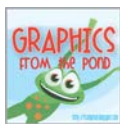
If you'd like to see how we made our lunch menu reusable, be sure to head over to:

[THIS READING MAMA](http://www.thisreadingmama.com)

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Clip art & fonts by:



Terms of Use:

This printable pack was created for you to use at home with your child(ren) or with multiple children in your classroom/tutoring setting. Please do not share between classes, sell, host, reproduce, giveaway, or store on any other site (including a blog, Facebook, 4Shared, Dropbox, etc.). Thank you for your honesty!

YOU MIGHT ALSO LIKE:

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COPING STRATEGIES

problem solving for kids

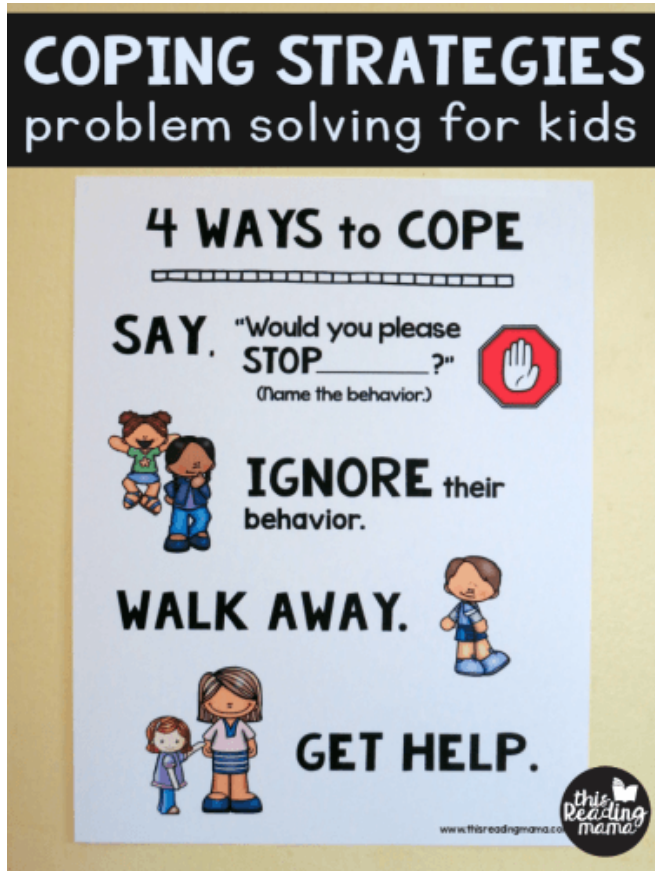
4 WAYS to COPE

SAY. "Would you please STOP _____?"
(Name the behavior.)

IGNORE their behavior.

WALK AWAY.

GET HELP.



Quiet Time Activities

{Afternoon Rotation Stations}



20 Simple Toddler Activities

engaging & occupying toddlers



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Pack Your Lunch

a Visual Lunch Menu for Kids



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Main Dish (pick 1)



Fruit & Veggies (pick 2)



Other Sides (pick 1)



Drink (pick 1)

Dessert (pick 1)





Pack Your Lunch

a Visual Lunch Menu for Kids



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Main Dish (pick 1)



Fruit & Veggies (pick 2)



Other Sides (pick 1)



Drink (pick 1)

Dessert (pick 1)





Pack Your Lunch

a Visual Lunch Menu for Kids

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Main Dish (pick 1)



Fruit & Veggies (pick 2)



Other Sides (pick 1)



Drink (pick 1)



I can make
healthy choices!





Pack Your Lunch

a Visual Lunch Menu for Kids

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Main Dish (pick 1)



Fruit & Veggies (pick 2)



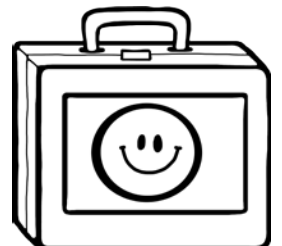
Other Sides (pick 1)



Drink (pick 1)



I can make
healthy choices!





Make Your Lunch

a Visual Lunch Menu for Kids



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Main Dish (pick 1)



Fruit & Veggies (pick 2)



Other Sides (pick 1)



Drink (pick 1)

Dessert (pick 1)





Make Your Lunch

a Visual Lunch Menu for Kids



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Main Dish (pick 1)



Fruit & Veggies (pick 2)



Other Sides (pick 1)



Drink (pick 1)

Dessert (pick 1)





Make Your Lunch

a Visual Lunch Menu for Kids

@www.thisreadingmama.com

Main Dish (pick 1)



Fruit & Veggies (pick 2)



Other Sides (pick 1)



Drink (pick 1)

I can make
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Make Your Lunch

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Main Dish (pick 1)



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I can make
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